

St. Mary's Church
Women's Retreat 2018

Discovering Your Spiritual Self...Relax, It's Already Fine!

I don't understand why we have to sing everything?

I tried meditating. It's just not for me.

I stared at that icon for 20 minutes...I got NOTHING!

Why is my grocery list running through my head during the sermon?

Join us for a weekend of fun, fellowship and spiritual discovery at the 2018 St. Mary's Women's Retreat!

When: February 23-24, 2018

Where: Techny Towers, Room 408



**Are you a Crusader,
Theologian, Mystic or
Charismatic?**

The Rev. Debra Bullock of St. Mark's Church, Evanston, IL, will lead us in our exploration of a variety of spiritual practices, and consider together why some may be a better "fit" for you than others.



Sign-up begins Sunday, October 1st. Space is on a first-come, first-served basis, and there are only a limited number of spaces available. The cost is \$180.00 for a single room and \$161.00 for a double.

Checks should be made payable to: "St. Mary's Episcopal Church," with "Women's Retreat" in the memo line. Payment can be dropped off or mailed to the church office and must be received by February 1st. Please contact the church office OR sign up at coffee hour if you would like to attend.

St. Mary's Episcopal Church, 306 S. Prospect Ave., Park Ridge, IL 60068, 847-823-4126